MY PSHE JOURNEY

UKS2

- How can we keep healthy as we grow?
- How can we keep healthy as we grow?
- How can the media influence people?
- How can the media influence people?
- What will change as we become more independent? How do friendships change as we grow?
- What will change as we become more independent? How do friendships change as we grow?
- Transition to Secondary

- What jobs would we like?
- How can drugs common to everyday life affect health?
- How can friends communicate safely?
- How can we help in an accident or emergency?
- What decisions can people make with money?
- What makes up a person's identity?

UKS2

- How can we manage risk in different places?
- How can our choices make a difference to other and the environment?
- How will we grow and change?
- How can we manage our feelings?
- How do we treat each other with respect?
- What strengths, skills and interests do we have?

UKS1

- How can we be a good friend?
- What keeps us safe?
- What are families like?
- What makes a community?
- Why should we eat well and look after our teeth?
- Why should we keep active and sleep well?

UKS1

- How do we recognise our feelings?
- What helps us grow and stay healthy?
- What helps us to stay safe?
- What jobs do people do?
- What is bulling?
- What makes a good friend?

Year 2

- What is the same and different about us?
- Who is special to us?
- What helps us stay healthy?
- What can we do with money?
- Who helps to keep us safe?
- How can we look after each other and the world?

Year 1